



North London U3A

Summer Programme 2025

Welcome to the Summer Programme 2025 for North London U3A. Our aim is to offer a range of activities during the summer period when most of our regular meeting groups are on holiday.

Summer Programme events are open to both NLU3A members and non-members, so if you're new to NLU3A, this is a great chance to give us a try!

The various events fall into a number of categories: -

- ▲ A continuation of a group meeting throughout the summer months, e.g. Friday Short Walks
- ▲ Specialist regular activities organised by a group over the summer, e.g. Art on Location
- ▲ One-off 'tasters' of a particular group especially if they are looking to recruit new members, e.g. Wine Appreciation and Country Dancing
- ▲ Specially organised visits to Museums or Historic Buildings, e.g. London Transport Depot, Acton & Charterhouse
- ▲ Special talks and workshops, e.g. Shape of London group presentations on Zoom and a workshop on the use of your mobile phone for photography
- ▲ Social events e.g. lunches and coffee mornings, which we know members enjoy, including both daytime and evening get-togethers.

And finally, there will be a repeat of the popular Quiz Evening on Saturday 2 August at All Saints' Church, Durham Road, East Finchley, N2.

To book, please use the contact email provided with each event.

You can also find the programme online at: <https://nlu3a.org.uk/summer-programme-listing/>

We welcome your feedback on what you enjoyed and how we can improve the programme in the future. Please contact the organiser, **Michael Lewin**, at michaelglewin@gmail.com with your ideas.

We hope you enjoy the programme. And if you are not yet a member of NLU3A, please consider joining us!

Michael Lewin

NLU3A Summer Programme coordinator

20 June 2025

List of events

Date: **Tuesday 22 July 2025**

Visit: London Transport Museum Depot, Acton

Time: 11.00am start

Venue: London Transport Museum Depot, 2 Museum Way, 118-120 Gunnersbury Ln, London W3

Meeting point: 10.30am at Acton Town Underground station on the District & Piccadilly lines

Cost: **£18.00 per person**

Booking Information: **Booking confirmation required by 18 June.**

If you have ever watched the TV series *Secrets of the London Underground* and wondered at the presenters' excitement at finding a disused section of underground tunnel or a newly exposed example of Edwardian tiling or typography, you will be aware of the London Transport Depot at Acton. It is the warehouse and main store of the London Transport Museum in Covent Garden.

We have secured a guided tour of the depot for up to 30 at a cost of £18.00 per person.

Maximum 30 places.

To book your place, please contact Michael Lewin michaelglewin@gmail.com

Date: **Tuesday 22 July 2025**

Social: Evening at the Old White Lion pub with Angela Filmer

Time: 5.00pm onwards

Venue: The Old White Lion pub (next to East Finchley tube station)

Join Angela at The Old White Lion pub next to East Finchley tube station where there is a small car park. The sangria & Pimms are nice, and the kitchen will be open. Look for the table, hopefully in the courtyard, where a copy of the NLU3A magazine *The Northern Line* will be displayed. Angela would like to meet up with members old and new to celebrate her 25 years of NLU3A membership.

Please email Angela at filmer.a@btinternet.com if you are coming.

Date: **Wednesday 23 July 2025**

Social: Coffee morning with Ruth Silver

Time: 10.00am – 12.00pm

Venue: Collingridge House, 5 Old Park Road, Enfield Chase EN2 7BE

Join Ruth and others from the northern reaches of our catchment area for a friendly meet-and-chat event at Collingridge House, Enfield Chase which is just a short walk away from Enfield Chase station. If you don't fancy walking up Windmill Hill, there is a bus stop outside the station and it's one stop to the top of Old Park Road. Bus numbers 121, 307, 377, 313 and 456 stop at the top of Old Park Road. There is plenty of on-street parking.

To reserve your spot, please contact Ruth at: membership@nlu3a.org.uk and she will confirm the flat number.

Date: **Thursday 24 July 2025**

Taster session: Scrabble 2

Time: 2.00pm – 4.00pm

Venue: The King of Prussia pub, Regents Park Road, N3 1DH

We meet twice monthly at The King of Prussia pub in Regents Park Road, N3 1DH, which is almost opposite Finchley Central tube station, and on several bus routes. We would welcome new members particularly to this Summer Programme taster session. If you can, please bring your own Scrabble set with you, at least for the first couple of meetings.

Please email Martin at martinsumm48@yahoo.co.uk if you are coming

Date: Friday 25 July 2025

Short walk 1: Queen Elizabeth Park, Stratford, East London

Time: 10.30am start

Venue: Queen Elizabeth Park, Stratford, East London

Meeting point: Highbury and Islington Underground Station at 10.30am

We meet at Highbury and Islington and take an overground train to Hackney Wick Station. The walk around Queen Elizabeth Park takes around an hour with a few steps, but it is mostly flat. There is an option to extend the walk to the Olympic Park.

To book your place on this walk or for further information, please email Janet Leifer at: leiferjanet@gmail.com

Date: Monday 28 July 2025

Coffee morning: Egg & Bake café, East Finchley

Time: from 11.00am

Venue: Egg & Bake, 122 High Road, East Finchley, N2 9ED

Join your event host Mike Lewin and others for a friendly meet-and-chat event at the Egg & Bake café.

To reserve your spot, please contact Mike on 07884 122942 or via email at: michaelglewin@gmail.com

Date: Tues 29 July 2025

Art on Location 1: Broomfield Park

Time: 10.00am–12.30pm (Join, leave at any time)

Venue: Broomfield Park, Palmers Green

Meeting point: By the lake (Powys Lane end)

This year the NLU3A Art Groups, will be meeting up again at local venues during the summer to work 'en plein air'. Please note that benches at the venues are limited, so it is recommended that you bring a portable stool. If you haven't worked outside before, please bring materials you enjoy working with and can carry.

There are refreshment areas available at all venues, but you may prefer to bring your own particularly if you want to make a day of it. All sessions are open to the public, and you do not have to be an NLU3A member to attend.

To book a place, please contact Judith by email at judithmcgirr@hotmail.com

Date: Tuesday 29 July 2025

Shape of London Group Zoom talk 1: Crossness pumping station

Time: 10.30am start

Venue: On Zoom

The Shape of London group has decided to rerun a number of their presentations and make them available on Zoom to those members who may have mobility issues or anyone else, who may be interested in the subject with this talk being given by Steve Marston.

Sir Joseph Bazalgette's innovative solution to save London from the Great Stink of 1855 needed massive pumping stations to deal with the sewage. The pumping station at Crossness is still intact and contains four of the largest beam engines ever built, one of which has been restored to working order.

To book your place and receive the Zoom link, please email Keith Kirby at: keith@kirby41.plus.com

Date: **Wednesday 30 July 2025**

Visit to Bletchley Park, WW2 Code Breaking Centre

Time: 10.30am at venue, subject to train times
Venue: Bletchley Park, Sherwood Drive, Bletchley, Milton Keynes MK3 6EB
Meeting point: To be arranged by attending members but possibly at Euston station.
Cost: £22.00 per person
Booking Information: Booking confirmation required by **10 July**.

Bletchley Park (<https://www.bletchleypark.org.uk/plan-a-visit/>) became the principal centre of allied code-breaking during the Second World War and historians have indicated that the work carried out shortened the war by two to four years, and without it the outcome would have been uncertain. The site gives visitors a chance to find out more about what went on at Bletchley Park, and there is also a new temporary exhibition for 2025 entitled 'The Age of AI'.

Members will need to find their own way to the venue, but the site is less than 10 mins walk from Bletchley station, which is accessible directly from Euston. Members may have their own discount Rail Cards, but there is currently limited availability of advanced single tickets for a journey starting at Euston at 9.56am and arriving in Bletchley at 10.31am for £6.80 with similar priced fixed returns during the afternoon, resulting in a total travel cost of £14.19 (including booking fee on Trainline). These prices cannot be guaranteed to be always available.

To reserve your place, please contact Michael Lewin at: michaelglewin@gmail.com

Date: **Wednesday 30 July 2025**

Workshop: Make your mobile phone photographs better.

Time: 10.30am – 12.00pm
Venue: **TO BE CONFIRMED**

This workshop is presented by Martin Goldman, who is Group Coordinator of the North London U3A Photography Group.

Almost everyone has a smart phone with a camera these days, and the modern cameras in them do a great job, sometimes almost as good as a proper camera. They are sophisticated, easy to use, and a lot of the thinking can be taken away from us. However, we can do better. In this workshop, we will cover some of the basic settings and controls of phone cameras and see how we can apply some of the known tricks of photographers. This should help you to avoid taking photos that are quickly deleted. In addition, there are many bells and whistles we can add to the phone camera to make pictures more interesting, and some of the more effective simpler apps will be discussed.

There will be the opportunity to practice what is learned.

Attendees should bring their phone with a camera with them.

To book, please email Martin at: mgoldman666@gmail.com

Date: **Thursday 31 July 2025**

Visit: Highgate Cemetery tour

Time: 10.45am

Venue: Highgate Cemetery, Swain's Lane, Highgate, N6 6PG

Meeting point: By the West Cemetery entrance gates

Cost: **£18.00 – pay by credit card only, NO CASH TAKEN**

Your ticket price also includes entry to the East side of the cemetery (a self-guided tour)

Booking Information: **Booking confirmation required by 10 July.**

Highgate Cemetery is one of the 'Magnificent 7' cemeteries, the third to open in 1839. The cemetery is divided into two sides, East and West. The tour is of the west side (the older of the two) and will last approximately 1.5 hours – you will be shown the highlights of the West Cemetery and learn about the occupants of some of the most memorable graves. Our guide is Julia Johnson, a U3A member.

Please check the Highgate Cemetery website <https://highgatecemetery.org/> for information on terrain and suggested footwear.

Max 20 places.

To book your place, please email sallyatko24@gmail.com

Date: **Friday 1 August 2025**

Short Walk 2: Canal Walk Hoxton to Victoria Park

Time: 10.30am start

Venue: Canal Walk Hoxton to Victoria Park

Meeting point: Highbury and Islington Underground Station at 10.30am

We meet at Highbury and Islington and take the train to Hoxton for a walk along the Regents canal to the Pavillion café in Victoria Park. Return by bus and overground. Flat walk 1.6 miles.

To book your place on this walk or for further information, please email Janet Leifer at: leiferjanet@gmail.com

Date: **Friday 1 August 2025**

Taster session: Yoga 2

Time: 11.00–12.00

Venue: Quaker Meeting House, N12

Cost: Please contact organiser

We meet weekly on a Friday morning in term time, with our teacher, Elizabeth Taylor, a qualified yoga teacher who is happy to have some people on mats and others in chairs, or sometimes, a combination of both! This means that even if you're new to yoga you won't feel under pressure to work beyond what you feel your capabilities are, but you will gain in confidence and might be surprised what you can do!

To book your place or for further information, please email Henrietta Cohen at: henanded@gmail.com

Date: **Saturday 2 August 2025**

Quiz evening

Time: 6.45pm for a 7pm prompt start (finishing by 10pm)

Venue: All Saints' Church, Durham Road, East Finchley, N2 9DP. Parking in Twyford Avenue; local buses 102, 143, 234, 263 and East Finchley Station a short walk away.

Cost: £40 for a table of 8 people. Payment in cash on the night.

Booking information: Booking required by **10 July**.

Please bring your own refreshments – plates, glasses and cutlery will be provided.

Following the success of the quiz evening in last year's Summer Programme, we are proposing to repeat this event in this year's schedule. Last year's event was booked up very quickly, so with only eight tables available, please do not delay and risk being disappointed.

To book a table please contact Michael Lewin michaelglewin@gmail.com

Date: **Monday 4 August 2025**

Coffee morning: The Woodman pub, Highgate

Time: from 10.30am

Venue: The Woodman pub, Highgate (next to tube station)

Join your event host Kathy Kyriakides and others for a friendly meet-and-chat event at the Woodman Pub in Highgate. If the weather is good, we'll be in the garden.

To reserve your spot, please contact Kathy on 07956 352137 or via email at: kathleenkyriakides@hotmail.com

Date: **Wednesday 5 August 2025**

Art on Location 2: Stephen's House

Time: 10.00am–12.30pm (Join, leave at any time)

Venue: Stephen's House, Finchley

Meeting point: Rear of the café

This year, the NLU3A art groups will be meeting up again at local venues during the summer to work 'en plein air'. Please note that benches at the venues are limited, so it is recommended that you bring a portable stool. If you haven't worked outside before, please bring materials you enjoy working with and can carry.

There are refreshment areas available at all venues, but you may prefer to bring your own, particularly if you want to make a day of it. All sessions are open to the public, and you do not have to be an NLU3A member to attend.

To book a place, please contact Judith by email at judithmcgirr@hotmail.com

Date: **Wednesday 6 August 2025**

Visit: The Charterhouse, Charterhouse Square, EC1M

Time: 10.45am

Venue: The Charterhouse, 6–9 Charterhouse Square, EC1M 6EA

Meeting point: At the visitor entrance on the north side of Charterhouse Square, opposite Charterhouse Street and Carthusian Street

Cost: **£12.00**

Booking Information: Booking confirmation required by **1 July**.

The Charterhouse is an alms-house in the City of London with historic buildings dating back to medieval and Tudor times. A professional guide will show us the highlights, taking in the evocative remnants of the medieval monastery and the courtyards of the Tudor mansion and casting new light on well-known stories from British history including the plague, the Reformation, Tudor intrigue and the Blitz.

Maximum 20 places.

To book your place, please email sallyatko24@gmail.com

Date: **Thursday 7 August 2025**

Taster session: Country Dancing

Time: 2.00pm–4.00pm

Venue: Christchurch, North Finchley, N12 ONU

Do you fancy learning a new skill or revisiting an old one? Remember the Dashing White Sergeant or Strip the Willow? Try out our friendly Country Dance group, which is great for the mind as well as the body. All levels of experience are welcome, as are complete beginners, and no partner is needed. We have a professional caller (charge is £5 per session) who will take you through step by step. Contact Margot for a free taster session.

To book your place or for further information, please email Margot at: margot.jackson1@btopenworld.com

Date: **Friday 8 August 2025**

Short walk 3: Holland Park

Time: 10.30am start

Venue: Holland Park

Meeting point: Holland Park Underground Station at 10.30am

We meet at Holland Park Underground Station and walk along a gradual slope into the park. We will walk through the woods and go into the Japanese Garden and then to an open-air cafe. We will finish outside the Design Museum (formerly known as the Commonwealth Institute) on Kensington High Street.

To book your place on this walk or for further information, please email Janet Leifer at: leiferjanet@gmail.com

Date: **Sunday 10 August 2025**

Social: Traditional Sunday Lunch at Stephen's House

Time: from 12.30pm

Venue: Stephen's House, 17 East End Road, London N3 3QE

Meeting point: Meet inside

Booking information: **Please reply by 1 July to book your place**

Join us for a traditional Sunday lunch at Stephens House, East End Road – the former home of Victorian ink magnate Henry Stephens. Afterwards you may wander around the attractive gardens, left to the people of Finchley by Mr Stephens. For typical menu at https://www.stephenshouseandgardens.com/assets/ugc/docs/sunday_lunch_and_Drinks_25_sample_menu.pdf

Maximum 15 places.

To book please email: sallyatko24@gmail.com

Date: **Monday 11 August 2025**

Coffee morning: Egg & Bake café, East Finchley

Time: from 11.00am

Venue: Egg & Bake, 122 High Road, East Finchley, N2 9ED

Join your event host Mike Lewin and others for a friendly meet-and-chat event at the Egg & Bake café.

To reserve your spot, please contact Mike on 07884 122942 or via email at: michaelglewin@gmail.com

Date: **Monday 11 August 2025**

Visit: Roman Britain Galleries tour, British Museum

Time: 1.30pm start
Venue: British Museum
Meeting point: Room 49, Weston Gallery – upstairs in the British Museum

Helen Roberts is a member of North London U3A who also leads tours of the Roman Galleries at the British Museum, which are free for any member of the public to visit. She has offered to open up these tours to NLU3A members and their friends as part of the Summer Programme.

To book your place or learn more, contact Helen at: [Helen Roberts<hroberts148@gmail.com>](mailto:hroberts148@gmail.com)

Date: **Tuesday 12 August 2025**

Art on Location 2: Highgate Woods

Time: 10.00am–12.30pm (Join, leave at any time)
Venue: Highgate Woods
Meeting point: Cranley Garden Entrance

This year, the NLU3A art groups will be meeting up again at local venues during the summer to work 'en plein air'. Please note that benches at the venues are limited, so it is recommended that you bring a portable stool. If you haven't worked outside before, please bring materials you enjoy working with and can carry.

There are refreshment areas available at all venues, but you may prefer to bring your own particularly if you want to make a day of it. All sessions are open to the public, and you do not have to be an NLU3A member to attend.

To book a place, please contact Judith by email at judithmcgirr@hotmail.com

Date: **Tuesday 12 August 2025**

Shape of London Zoom talk 2: Alms-houses

Time: 10.30am start
Venue: On Zoom

The Shape of London group has decided to rerun a number of their presentations and make them available on Zoom to those members who may have mobility issues or anyone else, who may be interested in the subject. This talk given by Keith Kirby covers the history of alms-houses in London.

Alms-houses have provided accommodation for people on low incomes for over 1000 years and they still play a role today. This presentation will review their history, highlight some local examples and look at some issues confronting alms-houses today. After the presentation, lasting about half an hour, there will be time for comments and questions.

To book your place and receive the Zoom link, please email Keith Kirby at: keith@kirby41.plus.com

Date: **Wednesday 13 August 2025**

Talk: The Great Exhibition of 1851

Time: 10.30am – 12.00pm
Venue: The Blue Beetle Room, St Mary's Church, Finchley N3

In London's Hyde Park on 1st May 1851, a spectacular international exhibition was opened by Queen Victoria. It was the first World Trade Fair. Its aims were to bring together works from all over world to display the great industrial

achievements of mankind. It was intended above all to advance British industrial and trading interests. The Great Exhibition of 1851 broke many records and lived on in the public imagination for decades. This talk, by Angela Cox, charts the story of the exhibition from its inception to its legacy.

To book your place, please email Angela Cox at: angelacoxx@yahoo.co.uk

Date: **Wednesday 13 August 2025**

Pub lunch: Mossy Well pub, Muswell Hill.

Time: 12.30pm

Venue: Mossy Well pub, Muswell Hill

[Click here for pub website](#)

Join Kathy and others for a lovely pub lunch at the Mossy Well, named after a medieval holy well at the top of Muswell Hill. The pub is located on the Muswell Hill roundabout, and we will be seated upstairs at the long tables. It's the perfect opportunity for good conversation and great food!

To book your place, please call Kathy on 07956 352137 or send an email to kathleenkyriakides@hotmail.com

Date: **Thursday 14 August 2025**

Taster session: Wine appreciation

Time: 10.30am–12.30pm

Venue: Finchley Victoria Bowls & Croquet Club, Ballard's Lane, N3 1LP

Note: The entrance to the bowls club is just to the right of the main entrance to Victoria Park.

Cost: £5 for non-members

This will be a special meeting of our monthly NLU3A Wine Appreciation group, in which non-members are encouraged to join us. Members will be bringing their favourite wine for everyone to try, along with a description of the wine and where it can be purchased. This is a social group with minimal lecturing.

As members will be subsidising this meeting, there is a small charge of £5 for non-members of the wine group to cover the cost of wine and nibbles. Please note that we have limited availability, so make sure to book early to reserve your spot!

Please bring **£5 in cash** to pay on the day. To book a place, please send an email to: stewartmaugham@gmail.com

Date: **Thursday 14 August 2025**

Taster session: Scrabble 2

Time: 2.00pm – 4.00pm

Venue: The King of Prussia, Regents Park Road, N3 1DH

We meet twice monthly at The King of Prussia in Regents Park Road, N3 1DH, which is almost opposite Finchley Central tube station, and on several bus routes. We would welcome new members particularly to this Summer Programme taster session. If you can, please bring your own Scrabble set with you, at least for the first couple of meetings.

Please email Martin at martinsumm48@yahoo.co.uk if you are coming

Date: **Friday 15 August 2025**

Short walk 4: River Lea to Springfield Park

Time: 10.30am start
Venue: River Lea to Springfield Park
Meeting point: Tottenham Hale Underground Station at 10.30am

From Tottenham Hale station we walk to the River Lea. We walk along the riverbank and then a short uphill walk into Springfield Park. Afterwards we take a bus back through Stamford Hill to Finsbury Park.

To book your place on this walk or for further information, please email Janet Leifer at: leiferjanet@gmail.com

Date: **Monday 18 August 2025**

Coffee morning: The Woodman pub, Highgate

Time: from 10.30am
Venue : The Woodman pub, Highgate (next to tube station)

Join your event host Kathy Kyriakides and others for a friendly meet-and-chat event at the Woodman Pub in Highgate. If the weather is good, we'll be in the garden.

To reserve your spot, please contact Kathy on 07956 352137 or via email at: kathleenkyriakides@hotmail.com

Date: **Tuesday 19 August**

Art on Location 4: Kenwood House

Time: 10.00am–12.30pm (Join, leave at any time)
Venue: Kenwood House,
Meeting point: Park side of the house

This year, the NLU3A art groups, will be meeting up again at local venues during the summer to work 'en plein air'. Please note that benches at the venues are limited, so it is recommended that you bring a portable stool. If you haven't worked outside before, please bring materials you enjoy working with and can carry.

There are refreshment areas available at all venues, but you may prefer to bring your own particularly if you want to make a day of it. All sessions are open to the public, and you do not have to be an NLU3A member to attend.

To book a place, please contact Judith by email at judithmcgirr@hotmail.com

Date: **Tuesday 19 August**

Taster session: Singing for Pleasure

Time: 10.30am–12.30pm
Venue: St Mary at Finchley, 26 Hendon Lane, N3 1TR

Singing with others can be great fun. It is not only a pleasure but positively good for us. We sing familiar songs and learn new ones, singing in unison and harmony. We welcome new and existing members, with or without prior experience – we truly enjoy singing for pleasure.

To book a place, please contact Maureen by email at maureenomah@btinternet.com

Date: **Wednesday 20 August**

Further Away Days: Visit to Waddesdon Manor and Amersham

Time: 9.30am start (day trip)
Venue: East Finchley tube station forecourt

Our first stop of the day is at Amersham Old Town, a charming town straddling an unusually wide high street. Houses date back to the 1450, and 150 are listed.

We soon go on to Waddesdon Manor, a beautiful French renaissance style chateau built for Baron Ferdinand de Rothschild and family in 1874, which houses his fine art collection. The house is surrounded by a fine Victorian garden with ornate fountains, a parterre and more. There is a choice of places to eat from Manor Restaurant to Stables Café.

Only members of a branch of the U3A may come on this outing, due to the insurance cover.

Cost: £56.00 per person booking, or for members of the National Trust the cost is £23.00 per person booking.

To find out more or book a place, please contact Melvyn Rees by email at melvyn.tymel@gmail.com

Date: Thursday 21 August 2025

Historic Walk: The Square Mile (City of London through the ages)

Time: 10.30am start – finish by 12.30pm

Meeting point: Monument Underground station (London Bridge, King William street exit) at 10.15am

The aim of the NLU3A London History Group is to provide a comfortable walk for exploring the historical interest of a particular area, including viewing buildings, churches, ruins, and open spaces.

Starting at Monument station, we will go back to pre-historic times and then take a route travelling through the Roman, Anglo-Saxon, Tudor, Georgian and Victorian eras and more, until we reach Bank station on 21 August 2025. Along the route we will find water, wood, stonework, churches, skulls, a safe, a garden, a carbuncle and controversy!

This walk, which is led by Gaby Williams and June Nash, is free for all but has limited spaces.

To book, please email June at: junenash29m@gmail.com

Date: Friday 22 August 2025

Short Walk 5: Darlands Lake

Time: 10.30am start

Venue: Darlands Lake, Totteridge (Part of Darlands Nature Reserve)

Meeting point: Totteridge Underground Station at 10.30am

We will meet at Totteridge Station and get a bus up to The Orange Tree pub. We will walk down a long slope through countryside to the lake, which is a nature reserve and walk round the lake. Then we will walk back along the gradual slope, taking our time, to the pub.

To book your place on this walk or for further information, please email Janet Leifer at: leiferjanet@gmail.com

Date: Tuesday 26 August 2025

Shape of London Zoom talk 3: London's Hidden Rivers

Time: 10.30am start

Venue: On Zoom

The Shape of London group has decided to rerun a number of their presentations and make them available on Zoom to those members who may have mobility issues or anyone else, who may be interested in the subject.

This talk, given by Alison Watson, will investigate the many hidden rivers of London. The city was criss-crossed by waterways, but as it expanded, most of them were covered over and became part of the sewer system. But their memories remain, echoing through road layouts, place names and art.

To book your place and receive the Zoom link, please email Keith Kirby at: keith@kirby41.plus.com

Date: **Wednesday 27 August 2025**

Social: Evening drinks at the Old White Lion pub with Kathy

Time: 5.00pm onwards

Venue: The Old White Lion pub (next to East Finchley tube station)

Join Kathy and friends for a drink and light meal from 5pm in The Old White Lion, East Finchley. Please pay as you order.

To book a place please contact: kathleenkyriakides@hotmail.com or 07956 352137

Date: **Thursday 28 August 2025**

Riverside walk: Kew Bridge to Chiswick House

Time: 10.30am for a 10.45am start

Venue: Thames Riverside Walk from Kew Bridge

Meeting point: Kew Bridge station – the station is on the Southwestern Railway routes from Waterloo. Alternatively, travel to Gunnersbury on District or Mildmay lines and take a 110, 237 or 267 bus to Kew Bridge.

This will be a mixture of my reminiscences of living on the river, opposite Kew Gardens, at the end of the 1960s and a gentle walk along the north bank of the River Thames starting at Kew Bridge before moving inland and ending up at Chiswick House.

More details about the walk and the meeting point arrangements will be sent to those who have registered closer to the date of the event.

To reserve a place on the walk, please contact Michael Lewin at michaelglewin@gmail.com

Date: **Friday 29 August 2025**

Short walk 6: Kenwood to Golders Hill Park

Time: 10.30am start

Venue: Kenwood to Golders Hill Park

Meeting point: Kenwood House Café at 10.30am

We start from the café at Kenwood House and walk to the Spaniards Inn and through Sandy Heath woods to the Old Bull and Bush. Start and finish on 210/310 bus route. Route of about one mile, with 100 ft climb and descent.

To book your place on this walk or for further information, please email Janet Leifer at: leiferjanet@gmail.com
